

# The Faith-Filled Catholic Women's Bible Study Program

## Participant's Worksheet

Diligence

Insert C-1 through C-4

You can prepare for the discussions about the theme **Diligence** by reading **2 Timothy 4:7 (Page 322 NT)**. Think about how you might answer the following questions:

Can I identify with the words of St. Paul when he describes faith as a "race?"

How would I characterize my "race of faith?" Is it a series of sprints or is it a marathon?

Which is more effective?

How does being Catholic make my journey unique?

Is being diligent a shared experience in our Catholic faith or is it more personal for me?

Why is diligence in faith especially important in today's world?

Read **Mark 1:35 (Page 74 NT)**.

Then, be prepared to discuss the following questions as you reflect on your own prayer life.

Am I diligent in my prayer life?

What is the quality of my prayer life?

Do I create a special place and time for God each day?

Is there a balance between prayers of adoration and thanksgiving and prayers of petition when I pray?

Read the **Faith In Action** article "**A Hidden Garden**" on insert page C-4. Then, be prepared to share your answer to this question: What are some of the "weeds" (distractions, obstacles, etc.) that grow in my life that can easily choke out spending time with God?"

**Group Prayer/Closing Prayer** - My intentions for group prayer this week:

Then, all pray together:

***Heavenly Father, give us the diligence we need to live a Christ-like life. Keep us free from temptation so that our eyes can remain fixed on You. Through the intercession of St. Jane Frances de Chantal, we ask You to send good people into our lives to show us the way. Keep our minds and hearts open to Your will. In Jesus' name we pray. Amen.***

**My Personal Response in Diligence for this week** - Resolve to get up 15 minutes earlier than normal each day this week to spend some additional quiet time alone with the Lord in His Word.

Other Scripture on **Diligence**:

Philippians 3:13-14 (Page 297 NT) \* Proverbs 4:23 (Page 709 OT) \* Hebrews 6:10-12 (Page 335 NT)

Hebrews 12:15 (Page 344 NT) \* Galatians 6:9 (Page 284 NT) \* Exodus 15:26 (Page 86 OT)

2 Peter 1:10 (Page 361 NT) \* Proverbs 27:23 (Page 736 OT) \* Isaiah 55:2 (Page 899 OT)