

# The Faith-Filled Catholic Women's Bible Study Program

## Participant's Worksheet

Holiness

Insert H-1 through H-4

You can prepare for the discussions on the theme **Holiness** by thinking about how you might answer the following questions:

Who do you consider to be a holy person (past or present)? How would you introduce them emphasizing their holiness?

What does it mean to be holy?

How does one live a "holy life?"

Is holiness something you consciously strive for, or do you think it is reserved for the saints?

What are some obstacles to holiness for me?

What plan or tactic should I employ to avoid or rid my life of these obstacles?

**Group Prayer** – My intentions for group prayer this week:

**My Personal Response in Holiness for this week** – Build into your schedule an hour of adoration in front of the Blessed Sacrament this week. Dedicate your prayer and listening during that hour to God's holiness and your desire to share in that holiness in some way.

Other Scripture on **Holiness**:

1 Peter 2:5-10 (Page 356 NT) \* Ephesians 5:27 (Page 291 NT)

2 Corinthians 7:1 (Page 267 NT) \* Romans 12:1-2 (Page 231 NT)

Hebrews 12:14 (Page 344 NT) \* 1 Thessalonians 5:23 (Page 308 NT)