

# The Faith-Filled Catholic Women's Bible Study Program

## Participant's Worksheet

Humility

Insert J-1 through J-4

You can prepare for the discussions on the theme **Humility** by thinking about how you might answer the following questions:

What is humility?

Is humility praised in our society? Give some examples.

Do I ever feel pressure to keep my relationship with God a secret?

What is one example of how I demonstrate that I believe that God is the source of everything in my life?

After reading **Mark 9:33-37 (Page 86 NT)**, ask yourself "When was a time in my life when the Lord taught me a lesson in humility?"

Where do I think the "need to be first" comes from in our society? What role does humility play in combating this temptation?

How can "keeping up with the Joneses" be prideful? Have I ever taken credit for a success that was truly God's success through me?

**Group Prayer** – My intentions for group prayer this week:

**My Personal Response in Humility for this week** – Read one of the many books available on the life of Blessed Mother Teresa. As you read, keep notes on the quotes and examples of humility in her life.

Other Scripture on **Humility**:

Job 5:11 (Page 576 OT) \* Psalm 138:6 (Page 695 OT) \* Proverbs 18:12 (Page 724 OT)

Proverbs 27:2 (Page 735 OT) \* Matthew 20:26-27 (Page 49 NT) \* Luke 18:13-14 (Page 130 NT)

Ephesians 4:2 (Page 289 NT) \* James 4:6-10 (Page 352 NT) \* 2 Chronicles 34:27 (Page 447 OT)