

The Faith-Filled Catholic Women's Bible Study Program
Participant's Worksheet

Humility

Insert J-1 through J-4

You can prepare for the discussions on the theme **Humility** by thinking about how you might answer the following questions:

What is humility?

Is humility praised in our society? Give some examples.

Do I ever feel pressure to keep my relationship with God a secret?

What is one example of how I demonstrate that I believe that God is the source of everything in my life?

Read Mark 9:33-37 (Page 1078).

When was a time in my life when the Lord taught me a lesson in humility?

Where do I think the "need to be first" come from in our society? What role does humility play in combating this temptation?

How can keeping up with the Joneses be prideful? Have I ever taken credit for a success that was truly God's success through me?

Group Prayer – My intentions for group prayer this week:

My Personal Response in Humility for this week – Read one of the many books available on the life of Blessed Mother Teresa. As you read, keep notes on the quotes and examples of humility in her life.

Other Scripture on **Humility**:

Job 5:11 (Page 522) * Psalm 138:6 (Page 627) * Proverbs 18:12 (Page 650)

Proverbs 27:2 (Page 658) * Matthew 20:26-27 (Page 1043) * Luke 18:13-14 (Page 1123)

Ephesians 4:2 (Page 1281) * James 4:6-10 (Page 1345) * 2 Chronicles 34:27 (Page 401)



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