

# The Faith-Filled Catholic Women's Bible Study Program

## Suggested Syllabus and Session Calendar

This schedule organizes the twenty-two sessions into an order of presentation around the seasons of the liturgical year. For convenience, special care has been taken to avoid scheduling sessions during the traditionally busiest family times of the year including the weeks surrounding holidays and the beginning and ending of the school terms. Meeting times and locations can vary on a parish by parish or even group by group basis.

**The Fall Sessions** - The five sessions that open the program focus on topics that are inherently meaningful to women. As mothers, daughters, wives and friends, these themes will resonate with all women enhancing both the comfort level of each participant and the cohesiveness and dynamics of each group.

Fall:

- Love - - - - - September
- Kindness - - - - - September
- Generosity - - - - - October
- Goodness - - - - - October
- Justice - - - - - October

**The Advent Sessions** – These five sessions address themes that are in focus during the Advent Season. With a Scriptural focus on The Blessed Virgin Mary, many of these sessions will give women meaningful yet practical advice on how to open their hearts and minds to the will of God in their lives. The material discussed in these sessions complements the themes of the Scripture proclaimed in this holy season and in unison with it, celebrates the Joy we experience in welcoming Christ into our hearts everyday.

Advent:

- Acceptance - - - - - November
- Patience - - - - - December
- Joy - - - - - December
- Humility - - - - - December

**The Winter Sessions** – With a focus of the “practice” of faith, these themes allow for a comfortable transition from the busy holiday season to this more predictable season

of the new year. The questions and discussions in these sessions will facilitate personal and group reflection on what it means to be a practicing Catholic fostering a deeper and fuller appreciation and understanding of the importance of faith, peace and holiness in our lives.

Winter:

- Faith - - - - - January
- Peace - - - - - January
- Holiness - - - - - February

**The Lenten Sessions** – Reflecting the themes of Lent, here are six sessions that will bring each participant and every group face to face with some of the toughest challenges they can face in living a life in imitation of Christ. Drawing heavily from Scripture, through the discussions in these sessions, every woman will discover in herself the depth of her capacity for caring for others and, in so doing, fully realize the depth of God’s care and love for her. After the sharing in these units, no group will see itself the same again.

Lent:

- Sacrifice - - - - - February
- Forgiveness - - - - - February
- Compassion - - - - - March
- Suffering - - - - - March
- Triumph - - - - - March

**The Spring Sessions** – More than bringing the program to a close, these sessions actually explore many of the same challenges and opportunities faced by the Apostles and the early Church. Drawing heavily on the presence of the Holy Spirit in our lives, these sessions will require each participant and each group to open their minds and hearts as they reflect on how they are responding to Christ’s call to spread the Good News.

Spring :

- Diligence - - - - - April
- Loyalty - - - - - April
- Wisdom - - - - - April
- Hope - - - - - May

- Understanding - - - - - May

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