

The Faith-Filled Catholic Women's Bible Study Program

Participant's Worksheet

Triumph

Insert T-1 through T-4

You can prepare for the discussion about the theme **Triumph** by thinking about how you might answer the following questions:

Have I ever won a race? If so, what were the circumstances?

Did I ever receive a trophy or an award for something I did or participated in?

Did I ever win a contest or something unexpectedly?

As a Christian, where does my triumph come from?

How is our pursuit of triumph in Christ enhanced as a Catholic?

Read **1 Corinthians 15:50-58 (Page 1248)**.

Why is the Scripture uplifting?

What do I believe heaven is going to be like?

If our bodies will be made whole in heaven, what will I look like there? How old will I be?
What about my loved ones?

Read the **Faith in Action** article "**Little Triumphs**" on insert page T-4.

What do I consider to be some of the "little triumphs" in my life?

If the final triumph of reaching heaven could be broken down into a series of "little triumphs" that must be gained along my journey of faith, what are some of these for me?

Who is someone I know whose faith and attitude helped them overcome seemingly insurmountable obstacles?

Group Prayer – My intentions for group prayer this week:

Closing Prayer:

Prayer Before the Crucifix

Behold, O kind and gentle Jesus, I kneel before you and pray that you would impress upon my heart the virtues of faith, hope, and charity, with true repentance for my sins and a firm purpose of amendment. At the same time, with sorrow I meditate on your five precious wounds having in mind the words which David spoke in prophecy: "They have pierced my hands and my feet I can count all my bones." (Psalm 22:17)

My Personal Response in Triumph for this week – Resolve to "triumph" over a bad habit or some sin in your life. Write down some specific things you will dedicate yourself to in this personal battle.

Other Scripture on **Triumph**:

Job 20:5 (Page 586 OT) * John 14:2-3 (Page 166 NT) * Romans 6:8-11 (Page 224 NT)

Colossians 2:15 (Page 302 NT) * 2 Timothy 1:10 (Page 320 NT)